

A Soft Reset

Week 1

2 Cor. 6:14-7:1 NIV

What is a soft reset?

A soft reset is a restart of a device, such as a smart phone, tablet, laptop or personal computer. The action closes applications and clears any data in RAM. Soft resets are usually conducted in an attempt to fix malfunctioning applications or because they're required for software installation.

I. Why we need a soft reset?

1. Because of the influences around us.

2 Cor. 6:14-16a

¹⁴ Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common? Or what fellowship can light have with darkness? ¹⁵ What harmony is there between Christ and Belial? Or what does a believer have in common with an unbeliever? ¹⁶ What agreement is there between the temple of God and idols?

2. Because of the promises of God.

2 Cor. 6:16b-18

For we are the temple of the living God. As God has said:

“I will live with them
and walk among them,
and I will be their God,
and they will be my people.”

¹⁷ Therefore, “Come out from them
and be separate,
says the Lord.

Touch no unclean thing,
and I will receive you.”

¹⁸ And, “I will be a Father to you,
and you will be my sons and
daughters,
says the Lord Almighty.”

3. Because we need to purify ourselves from things that **contaminate**.

2 Cor. 7:1

⁷Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

II. So do I need a soft reset?

Psalms 13:2 NIV

How long must I wrestle with my
thoughts

and day after day have sorrow in my
heart?

How long will my enemy triumph over
me?

Romans 7:21-25 NLT

²¹ I have discovered this principle of life —that when I want to do what is right, I inevitably do what is wrong. ²² I love God's law with all my heart. ²³ But there is another power within me that is at war with my mind. This power

makes me a slave to the sin that is still within me. ²⁴ Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in Jesus Christ our Lord. So you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin.

Romans 8:5-6 NIV

⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶ The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.

We need to replace
malfunctioning applications or
thoughts with truth.

III. How to perform a soft reset?

Philippians 4:8 NLT

⁸And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

How do I execute a soft reset?

1. Bible Reading.

How do I execute a soft reset?

1. Bible Reading.

2. Time in Prayer.

How do I execute a soft reset?

1. Bible Reading.
2. Time in Prayer.
3. Times of Fasting.

How do I execute a soft reset?

1. Bible Reading.

2. Time in Prayer.

3. Times of Fasting.

4. Turning stuff off (social media, cell phone, Netflix, etc.)

How do I execute a soft reset?

1. Bible Reading.

2. Time in Prayer.

3. Times of Fasting.

4. Turning stuff off (social media, cell phone, Netflix, etc.)

5. Deep times of fellowship.